



10 top tips for your [Scafell Pike Hike](#)

By www.holidaysfromhels.co.uk

1	SCAFELL PIKE	Be aware that Scafell is not Scafell Pike. It is Scafell Pike you are after if you are looking for the tallest peak in England.
2	HOSTEL	Stay at Wasdale Hall YHA , more of palace than bunk house.
3	LAYERS	When packing for the hike, lightweight layers (and chocolate) are key. Especially with children (whose clothes you will be carrying).
4	HARDKNOCK	Unless you have a 4-wheel drive and it is mid-summer, avoid driving through Hard Knock Pass. It is possible to avoid this if you instruct your Satnav to do so.
5	BOAT	Take a boat (and a wetsuit). This is the Lake District after all and Wastwater Lake is the clearest (coldest?) and deepest of the lot.
6	WEATHER	<ul style="list-style-type: none"> • Don't rely on the weather forecast. In the mountains you will get all 4 seasons in one day, probably. • Climbing in summer gives you the best chance of sunshine and a view from the top (but no guarantees)
7	ROUTE	<ul style="list-style-type: none"> • Research your route. Walking route options

		<ul style="list-style-type: none"> • What is your priority - time spent walking or degree of incline? Find your balance. • Going from Wasdale via Hollow Stones is the easiest, shortest and closest to the youth hostel, but a bit of a linear route with a very indistinct path at the top.
8	RIVERS	<ul style="list-style-type: none"> • Anticipate rising rivers on the way up. • Abort if the weather looks like turning.
9	COMPASS	<ul style="list-style-type: none"> • Take a compass for the inevitable fog and disappearing path at the top. • Beware invisible cliff edges.
10	SOCKS	To avoid blisters and cold wet feet, invest in waterproof socks (best paired with waterproof boots and trousers).
11.	KIT LIST	<ul style="list-style-type: none"> • Lightweight layers. Merino thermal layers are good. But not too many. • A map in a plastic wallet • Compass • Snacks and chocolate - hot and cold • Gortex walking boots for ankle support. The grippier the boot, the better. • Hat and gloves • Waterproof socks • Waterproof jacket • Waterproof trousers • Plasters in case of blisters

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| | | <ul style="list-style-type: none">• Mobile phone - for emergencies and photos• Mini-suntan lotion, just in case• Boat and wetsuit (just not on the hike) |
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